

**THE LIVING ROOM
COMMUNITY CHURCH**

**SUNDAY, MAY 2, 2021
WHEN SELF-ESTEEM IS SHATTERED**

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John 4:3-42

Self-esteem = the value one assigns to self largely based on the perceived quality of relationships with God, others, and self.

To understand this gospel narrative, it is important that we examine the following:

1. The lengths Jesus went to in order to have a conversation with the woman at the well.
2. How the personal history of the woman at the well affected her in real time.
3. How the woman at the well experienced a deep transformation.

Jesus had to go through Samaria by the theological necessity of offering himself to those whom social convention deems unworthy and unacceptable.

We often have similar responses to pain of our own making and wounds inflicted by others.

When our self-esteem is shattered and Jesus is not part of the conversation, it leads us ever deeper into self-protective patterns. But, if we are willing to let Jesus into the locked-up rooms of our heart he lovingly exposes our vulnerability, reveals his vulnerability to us, and brings healing.