

THE LIVING ROOM  
COMMUNITY CHURCH

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SUNDAY, JANUARY 23, 2022

THE CREATION GROUNDED LIFE (PART 3)  
UNHURRIED RHYTHMS

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Colossians 1:15-17; Genesis 1:1-8; 1:26-2:3; Exodus 20:8-11

***“Theologically, love precedes matter.” - Kelly Kaptic***

Sabbath = \_\_\_\_\_.

**1. Sabbath precedes work in the human experience by design.**

***“I want you to know that Sabbath is not a reward for hard work. Sabbath is a gift that precedes work and enables us to work. On the sixth day God created Adam and Eve. Their first day was the seventh day, which was the day God created rest. They began with a Sabbath, out of which they worked. As with God’s grace, rest is never a reward; it’s a gift.” - Rich Villodas***

***Sabbath = a weekly 24-hour period set aside for \_\_\_\_\_ / An invitation to a life that isn’t \_\_\_\_\_ and \_\_\_\_\_ by overwork.***

**2. Sabbath reminds us that our work remains incomplete.**

**3. Sabbath prioritizes presence over production.**

***“When we keep pushing forward without taking adequate time for rest and replenishment, our way of life may seem heroic, but there is a frenetic quality to our work that lacks true effectiveness because we have lost the ability to be present to God, to be present to other people, and to discern what is really needed in our situation.” - Ruth Haley Barton***

***“Our bodies are prophets. They know when things are out of whack, and they say so.” - Barbra Brown Taylor***

Application:

- You need to begin by identifying a \_\_\_\_\_ and \_\_\_\_\_ that works for your schedule.
- Have \_\_\_\_\_ for yourself, your \_\_\_\_\_ of life, and be \_\_\_\_\_.

Things to include in Sabbath:

1. Rest for the body
2. Replenishing the spirit
3. Restoring the soul

Things to exclude from Sabbath:

1. Work
2. Consumerism
3. Worry

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## ***Prophets of a Future Not Our Own***

***It helps, now and then, to step back and take the long view.***

***The Kingdom is not only beyond our efforts; it is even beyond our vision.***

***We accomplish in our lifetime only a fraction of the  
magnificent enterprise that is God's work.***

***Nothing we do is complete, which is another way of  
saying that the kingdom always lies beyond us.***

***No statement says all that could be said.***

***No prayer fully expresses our faith.***

***No confession brings perfection.***

***No pastoral visit brings wholeness.***

***No program accomplishes the church's mission.***

***No set of goals and objectives includes everything.***

***This is what we are about.***

***We plant the seeds that one day will grow.***

***We water the seeds already planted,***

***knowing that they hold future promise.***

***We lay foundations that will need further development.***

***We provide yeast that produces effects far beyond our capabilities.***

***We cannot do everything and there is a sense of liberation in realizing that.***

***This enables us to do something and to do it well.***

***It may be incomplete, but it is a beginning, a step along the  
way, an opportunity for the Lord's grace to enter and do the rest.***

***We may never see the end results, but that is the difference  
between the master builder and the worker.***

***We are workers, not master builders; ministers, not messiahs.***

***We are prophets of a future not our own.***